



COMMUNITY SERVICE BASIC
EDUCATION & HEALTH

FREE HEALTH CHECK-UP

Health Camp

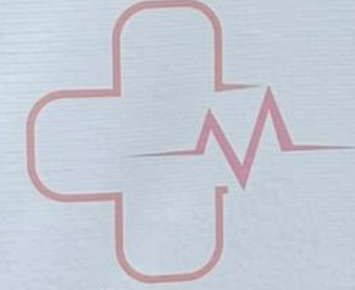
*135+ Budhanilkantha residents served
in one morning*

Ashoj 3 · 19 September, Saturday · Budhanilkantha Health Post
RAC Budhanilkantha × Rotary Club of Budhanilkantha



निःशुल्क स्वास्थ्य शिविर

समावेशी सुविधाहरू



- सामान्य चिकित्सा परामर्श
- निःशुल्क औषधि वितरण
- दन्त चिकित्सा परामर्श
- रक्तचाप (BP) मापन
- रक्तमा ग्लुकोज (चिनी) मापन



३ असोज २०८३ शनिवार



बिहान ९:०० बजेदेखि १:०० बजेसम्म



बुढानिलकण्ठ स्वास्थ्य चौकी, बुढानिलकण्ठ
वाडा-३

Jointly with:

In Collaboration with:

EVENT OVERVIEW

Five partners, one camp

Organised by

Rotaract Club of Budhanilkantha
with Rotary Club of Budhanilkantha

In collaboration with

Rotaract Club of KMC (Kathmandu Medical College)
Budhanilkantha Ward No. 3 Budhanilkantha Health Post



Date

Ashoj 3

19 September, Saturday

Time

8:00 AM – 1:00 PM

Venue

**Budhanilkantha Health Post,
Ward No. 3**

AT A GLANCE

135+

residents reached

8

physicians & dental
doctors

5

hours of free care

Consultations, diagnostics and free medicines, delivered alongside Rotaractors and health post staff.

OBJECTIVES

Why we held it



01

Free care

Free health check-ups, medical consultation and essential medicines for Budhanilkantha residents.

02

Prevention

Promote preventive healthcare and raise health awareness in the local community.

03

Partnership

Strengthen collaboration between Rotaract, Rotary, Ward No. 3 and the local health post.

SERVICES PROVIDED

On the day

1. General medical & gynecological consultation
2. Dental consultation
3. Blood pressure & blood glucose testing
4. Free medicine distribution
5. Sanitizers & gloves for patient care; refreshments for volunteers and staff
6. Certificates of appreciation to doctors and partners



FROM THE CAMP

A morning at the health



Registration desk



BP monitoring



Free medicines



Thanking our doctors



Where the money went

PARTICULARS	NPR
Medical equipment	16,671
Food / lunch	13,950
Printing	10,475
Transportation reimbursement	1,538
Stationery	780
Daily allowance (RAC KMC personnel)	500
Water	450

Total expenditure

NPR 44,364

Remaining balance

NPR 5,636



EMPOWER • ENGAGE
ELEVATE

Dhanyabad!

OUR PARENT CLUB & CO-ORGANISER

Rotary Club of Budhanilkantha

With RAC KMC, Ward No. 3 and Budhanilkantha Health Post, for making health care free and close to home.

Rotaract Club of Budhanilkantha · RID 3292

budhanilkantha@rotaract3292.org

